



ROSEMEAD SCHOOL DISTRICT

JULY 2025 BREAKFAST & LUNCH

****Free breakfast and lunch for all kids ages 1-18!**
****All breakfast items are whole grain rich and reduced sugar**



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30

1
Bagel with Cream Cheese and Sliced Apple

Chicken Tamales, String Cheese, Refried Beans, and Fresh Strawberries

2
Blueberry Lemon Scones and Fresh Strawberries

Chicken Filet Sandwich, Roasted Ranch Chickpeas, Coleslaw, and Banana

3
Chocolate Chip Muffin and Fresh Strawberries

Cheeseburger Sliders, Tater Tots, and Watermelon Chunks

4
4th of July

7
Assorted Cereal, Cracker, and Seasonal Fruit

Chicken Nuggets, Chocolate Chip Cookie, Corn and Sliced Apples

8
Assorted Concha and Sliced Apple

Beef Taco Sticks, Refried Beans, and Fresh Strawberries

9
Chocolate Chip Scones and Fresh Strawberries

Grassfed Hot Dogs with Crinkle Cut Fries and Banana

10
Double Chocolate Chip Muffin and Banana

Pepperoni Calzones, Broccoli, and Watermelon Chunks



11
Egg, Cheese & Sausage Tornadoes and Watermelon Chunks

Grassfed Cheeseburger, Steamed Corn, Chips, and Honeydew Chunks

14
Assorted Cereal, Cracker, and Seasonal Fruit

Boneless Chicken Wings, Potato Wedge, Dinner Roll, and Sliced Apples

15
UBR Chocolate Chip and Sliced Apple

Chicken Taquitos, Guacamole, Refried Beans, and Fresh Strawberries

16
Cinnamon Rolls and Fresh Strawberries

Grassfed Cheeseburger with Crinkle Cut, Lettuce, Tomato, Pickles, and Banana

17
Bagel with Cream Cheese and Banana

Corn Dog, Potato Chips, BBQ Baked Beans, and Watermelon Chunks

18
Ham & Cheese Croissant and Watermelon Chunks

Cheesy Pull-Aparts with Marinara Cup, Tossed Salad, and Honeydew Chunks

21
Pizza Bagel and Seasonal Fruit

Homestyle Chicken Strips, Garlic Knot, Broccoli, and Sliced Apples

22
Bagel with Cream Cheese and Sliced Apple

Chicken Tamales, String Cheese, Refried Beans, and Fresh Strawberries

23
Blueberry Lemon Scones and Fresh Strawberries

Chicken Filet Sandwich, Roasted Ranch Chickpeas, Coleslaw, and Banana

24
Chocolate Chip Muffin and Fresh Strawberries

Cheeseburger Sliders, Tater Tots, and Watermelon Chunks

25
Strawberry Mini Bagels and Watermelon Chunks

Cheese or Pepperoni Wedge Pizza with Tossed Salad, and Honeydew Chunks

28
Assorted Cereal, Cracker, and Seasonal Fruit

Chicken Nuggets, Chocolate Chip Cookie, Corn and Sliced Apples

29
Assorted Concha and Sliced Apple

Beef Taco Sticks, Refried Beans, and Fresh Strawberries

30

31

1

1% white milk and non-fat chocolate milk available with ALL meals

Two servings of fruit and/or vegetables offered daily with ALL meals



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